

SEASONAL PACKING LIST FOR



THAILAND



TRAVELON
Travel Authentically!





Thailand's Seasons

HOT SEASON – March, April, May, June

You need to make friends with humidity as soon as you can because it is relentless in this region of the world. The heat climbs quickly once the sun is over the horizon and because the country is in the Tropic of Cancer, the days and nights are almost exactly 12 hours each – 6am to 6pm – give or take 30 minutes depending on the time of year.

Hydration is key in this climate. You can never drink too much filtered water and you want to throw in electrolytes as often as you can. Also, don't be fooled – Spring begins in April and May in the USA but they are the hottest months of the year for Thailand. May and June are beginning of the low tourist season for most of the country.

WET or MONSOON SEASON



West Coast: June, July, August, September, sometimes October

East/South Coast: September, October, November, and December

Heavy rains and rough seas are typical of this season. In some parts of Thailand, rains come in heavy spurts and go as quickly as they come. In other parts, you'll see longer, somewhat mild storms that can last for days. Flooding is common regardless of area, and the temperature is still quite warm – humidity makes it feel warmer! (Just ask Janese about the year she lived there and the alligators broke out of the zoo because of the flooding...yikes!)

Wet season timing can vary from year to year, so be sure to do some research and look at the forecasts before you go. It's common for the rains in the North (Chiang Mai area) to fall 4 – 6 weeks ahead of the rains in the South (Phuket).

COOL SEASON – November, December, January, February

As we know, all things are relative and in Thailand "cool" refers to temperatures around 75 degrees Fahrenheit. If you actually want cooler temperatures, you'll need to be at a higher elevation and further north for an extended period of time.

If you plan on being in the country for long periods of time you'll want to have a light jacket and long pants (NOT jeans) for the evenings and nights.



THE "DO NOT" PACK LIST

DON'T BRING expensive jewelry!

Wearing flashy jewelry can make you a target, and there's really no reason to risk it getting lost or stolen.

DON'T PACK more than one pair of jeans!

You may want jeans for wearing on the plane, but limit yourself to one pair. They're bulky, heavy, take forever to dry, and uncomfortable in Thailand's tropical climate.

DON'T BRING a sleeping bag!

Unless you're planning on doing a ton of camping, there's no need to bring a sleeping bag. Use a travel sheet instead.

DON'T PACK heavy books!

I get it...I love to read on vacation. So many places in Thailand have book exchanges, where you can pick up a paperback for free and drop it off at a future exchange when you're done.

DON'T TAKE unnecessary valuables!

Theft does happen in Thailand, and stuff can get lost on the road. If you don't really need something that's valuable, it's just not worth the risk.

DON'T PACK a mosquito net!

It's really not worth bringing as almost all accommodations in Thailand provide mosquito nets if they're needed.

DON'T TAKE lots of cash!

There's no reason to carry a lot of cash with you and risk it getting stolen. Except in the most remote areas, there are ATMs throughout Thailand, so accessing cash once you're there is easy.

DON'T BRING too many clothes!

When you travel, don't worry about repeating outfits. You can even pick up new and second-hand clothes for cheap at local markets in Thailand. Also, Thailand is known for amazing tailoring so you can even have clothes made when you get there.

THE "DO NOT" WEAR LIST



The most important part of the Thailand dress code is not to show too much skin.

Even in Bangkok or beach towns, women should avoid short-shorts and miniskirts or mini dresses. Crop tops, low-cut shirts, and shirts that leave the bra mostly exposed are also inappropriate. The cutout tank or "singlet" tops the list of what men shouldn't wear in Thailand (especially away from the beach), though the same goes for unbuttoned shirts without anything underneath. Both men and women should also refrain from wearing just swimsuits unless they're on the beach.

The second most important thing is not to look too grungy. Thai clothing generally isn't that much different from what you'd see back at home, and many people are just as fashion-conscious. They also often dress more formally than you might expect, especially in Bangkok, but in other areas as well. Travelers should keep their clothes clean, and overly casual outfits should be avoided.

The Packing List

IMPORTANT

- Passport
- Driver's License
- Power Adapter
- Travel Documents
- Credit Card and Cash
- Neck or Waist Wallet

ACCESSORIES

- Sunglasses
- Inexpensive Jewelry
- Sarong or Scarf
- Wide-brim hat
- Hair bands or ties

SHOES

- Sandals
- Flip Flops
- Sneakers
- Heels
- Slip on Water Shoes

CLOTHES

- Dresses
- Skirts
- Shorts
- Jeans
- Tank Tops
- T-Shirts
- Shirts
- Pullovers
- Rain Jacket

BASICS

- Water Bottle with Built-in Filter
- Swimwear
- Underwear
- Pajamas
- Socks
- Activated Charcoal or Immodium
- Beach or Travel Towel
- Vitamins
- Hair Elastics
- Kindle or E-Reader
- Electrolytes

ELECTRONICS

- Computer
- Charger
- Camera
- Phone
- Memory Card
- Camera Lens
- Headphones
- Virtual Private Network (VPN)
- Waterproof Phone Case
- Airtags or Tile tags
- Portable Charger
- Underwater Camera

TOILETRIES

- Toothbrush
- Toothpaste
- Dental Floss
- Deodorant
- Shampoo
- Conditioner
- Bodywash
- Facewash
- Makeup Remover
- Sunscreen
- Moisturizer
- Body Lotion
- Makeup
- Hair Brush
- Contact Solution
- Feminine Products

MISCELLANEOUS

- Motion sickness meds
- Small Hand Sanitizer
- Reusable mesh bag
- _____
- _____
- _____
- _____
- _____